

CCBA's Witherell Recreation Center
 Dwinell Pool Schedule
 603/448-6477

April 29 – May 18
 (Pool rules on back)



www.joinccb.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Laps 6 lanes 5:30-8:25	Deep Water Fit 4 lanes 5:30-6:30	Laps 6 lanes 5:30-8:25	Laps 6 lanes 5:30-6:30	Laps 6 lanes 5:30-8:25	LGT	
		Masters 1-2 lanes 6:30-7:30		Masters 1-2 lanes 6:30-7:30			
		Laps - 6 lanes 7:30-8:25		Laps - 6 lanes 7:30-8:25			
	Water Fit no lanes 8:30-9:30	Aqua Zumba 2 lanes 8:30-9:30	Water Fit no lanes 8:30-9:30	Water Fit 2 lanes 8:30-9:30	Power Splash no lanes 8:30-9:30	Water Fit 2 lap lanes 8:00-9:00	
5 lap lanes 1 exercise only 9:00-12:00	Open Swim 3 lap lanes 9:30-11:30	Open Swim 3 lap lanes 9:30-11:30	Open Swim 3 lap lanes 9:30-11:30	Open Swim 3 lap lanes 9:30-11:30	Open Swim 3 lap lanes 9:30-11:30	Laps/Exercise 3 lanes 9:00-11:00 Lessons 9:00-11:30	
	Laps/Exercise 4 lap lanes 11:30-1:00	Laps/DHMC 4 lap lanes 11:30-1:00 School Group Therapy 12:30-1:30	Laps/DHMC 4 lap lanes 11:30-1:00	Laps/DHMC 4 lap lanes 11:30-1:00 School Group Therapy 12:30-1:30	Laps/Exercise 4 lap lanes 11:30-1:00	Open Swim 3 lap lanes 11:00-1:00	
Open Swim 3 lap lanes 12:00-2:30	Senior/Therapy 1:00-2:00					Open Swim VA (1:30-3:00) 2-3 lap lanes 2:00-4:00 Lessons 3:30-4:30	Open Swim 3 lap lanes 1:00-3:00
Open Swim 3 lap lanes 2:30-5:45	Open/Laps 2-3 lap lanes 4:00-5:00	Open Swim 2-3 lap lanes 4:00-5:00	Open/Laps 2-3 lap lanes 4:00-5:00	Open Swim 2-3 lap lanes 4:00-5:00	Open Swim After School Program 2-3 lap lanes 3:30-5:00	Open Swim 3 lap lanes	
	Laps/Exercise 4 lanes 5:00 - 6:00	Laps/Exercise 4 lanes 5:00 - 6:00	Laps/Exercise 4 lanes 5:00 - 6:00	Laps/Exercise 4 lanes 5:00 - 6:00	Laps/Exercise 4 lanes 5:00 - 6:00	3:00-5:45	
	Power Splash 2 lap lanes 6:00-7:00	Open/Laps 3 lap lanes 6:00-7:00	Power Splash 2 lap lanes 6:00-7:00	Open/Laps 3 lap lanes 6:00-7:00	Open Swim 3 lap lanes		
	Open Swim 3 lap lanes 7:00-8:45	Open Swim 3 lap lanes 7:00-8:45	Open Swim 3 lap lanes 7:00-8:45	Open Swim 3 lap lanes 7:00-8:45	Open Swim 3 lap lanes 6:00-8:45		

POOL & WHIRLPOOL SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE

WHIRLPOOL CLOSSES AT 8:30 ON THURSDAYS

THERE WILL BE TIMES WHEN THE DIVING BOARD IS CLOSED

PRIVATE SWIM LESSONS WILL BE SCHEDULED WITHOUT NOTICE