

Dwinell Pool Schedule

CCBA - Witherell Recreation Center
(603) 448-6477

September 1 - September 6

(Pool Rules on Back)

www.joinccba.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Laps/Exercise 6 lap lanes 1 exercise only 10:00-12:00 Open Swim 3 lap lanes 12:00 - 2:30 Family Swim 3/2 lap lanes 2:30-3:45	Laps - 6 lanes 5:30-7:00 DHMC Therapy 3 laps/1 exercise 7:00-8:25 Aquafit no laps 8:30-9:30 Open Swim 3 lap lanes 9:30-11:30 Lap Swim 11:30-12:30 Therapy/3 lap lanes 12:30-1:00	Laps - 6 lanes 5:30-6:30 Masters/1 lane 6:30-7:30 Laps - 6 lanes 7:30-8:25 Deep Aquafit 2 lap lanes 8:30-9:30 Open Swim 2 lap lanes 9:30-11:30 Laps/DHMC 4 lap lanes 11:30-1:00	Laps - 4 lanes 5:30-6:30 Laps 6 lanes 6:30-8:25 Aquafit no laps 8:30-9:30 Open Swim 3 lap lanes 9:30-11:30 Lap Swim 6 lap lanes 11:30-1:00	Laps - 6 lanes 5:30-6:30 Masters/1 lane 6:30-7:30 Laps - 6 lanes 7:30-8:25 Deep Aquafit 2 lap lanes 8:30-9:30 Open Swim 2 lap lanes 9:30-11:30 4 Laps/DHMC 11:30-12:30 Therapy/3 lap lanes 12:30-1:00	Laps 6 lanes 5:30-8:25 Aquafit no laps 8:30-9:30 Open Swim 3 lap lanes 9:30-11:30 Lap Swim 6 lap lanes 11:30-1:00	Aquafit 1 or 2 lap lanes 8:00-9:00 Laps/Exercise 4 lap lanes 9:00 - 11:00 Open Swim 3 lap lanes 11:00 - 3:00 Family Swim 3 lap lanes 3:00 - 5:45
	Senior/Therapy 1:00-2:00					Open Swim 3 lap lanes 2:00-3:00 Open Swim/ After-school 3 lap lanes 3:00-5:00 Open Swim 3 lap lanes 5:00-6:00
	Open Swim 3 lap lanes 2:00-4:00 Open Swim 3 lap lanes 4:00-6:00 Aquafit 2 lap lanes 6:00-7:00 Open Swim 2 lap lanes 7:00-8:45	Open Swim 3 lap lanes 2:00-4:00 Open Swim 3 lap lanes 4:00-6:00 Masters/Laps 2 lap lanes 6:00-7:00 Open Swim 2 lap lanes 7:00-8:45	Open Swim 3 lap lanes 2:00-4:00 Open Swim 3 lap lanes 4:00-6:00 Aquafit 2 lap lanes 6:00-7:00 Open Swim 2 lap lanes 7:00-8:45	Open Swim 3 lap lanes 2:00-4:00 Open Swim 3 lap lanes 4:00-6:00 Masters/Laps 2 lap lanes 6:00-7:00 Open Swim 2 lap lanes 7:00-8:45	Open Swim 3 lap lanes 2:00-3:00 Open Swim/ After-school 3 lap lanes 3:00-5:00 Open Swim 3 lap lanes 5:00-6:00 Open Swim 3 lap lanes 6:00-8:45	

POOL SCHEDULE SUBJECT TO CHANGE WITHOUT NOTICE
WHIRLPOOL CLOSSES AT 8:30PM ON MONDAYS & THURSDAYS

THERE WILL BE TIMES WHEN THE DIVINGBOARD IS CLOSED

PRIVATE SWIM LESSONS WILL BE SCHEDULED WITHOUT NOTICE