

YOUTH PROGRAMS

Raider Basketball Camp

The camp emphasizes individual skill improvements through drills, scrimmaging, guest lectures and games. Each camper will receive a basketball. Camp will be run by Lebanon varsity basketball coaches Kieth Matte and Tim Kehoe, with assistance from college and high school players. **Sign-up by June 1st and save \$10**

Who: Youth, grades 3 - 8

Girls Monday - Friday - July 5 - 9

Grades 3 - 5 8:30 am - 12:00 pm 410219-A

Grades 6 - 8 1:00 pm - 4:30 pm 410219-B

Boys Monday - Friday - July 12 - 16

Grades 3 - 5 8:30 am - 12:00 pm 410219-C

Grades 6 - 8 1:00 pm - 4:30 pm 410219-D

Fee: Member \$90

Non-member \$100

Min: 15 Max: 50

Location: Witherell Recreation Center

Drills for Skills Player Development Summer Basketball Clinic

"Players are Made in the Off-Season."

This is an eight week program for serious basketball players interested in working on their game throughout the summer. The program will be led by Chris Holmes and Scott Faucher, two former Lebanon High School athletes who have worked at the Raider Basketball Camp and coach the Lebanon Longhorns AAU basketball club. *All participants must bring their own ball!*

When: June 21 - August 11

Session #1 Boys, ages 9 - 12

Mon/Wed 5:00 - 6:00 pm 410234-A

Session #2 Boys, Ages 13 - 18

Mon/Wed 6:00 - 7:00 pm 410234-B

Fee: Member \$100

Non-member \$125

Sign-up by June 1st and save \$10

Min: 10 Max: 25

Location: Witherell Recreation Center

Sign Language Class - NEW!

Looking for a fun and rewarding activity for you and your child? Sign Language is an engaging activity you can participate in together. These dynamic classes full of music and activities will help you and your child build an American Sign Language vocabulary while having fun!

Who: Children, ages 0 - 3 with a parent/caregiver

Tue, June 8 - 29 442996-A

Time: 9:30 am - 10:30 am

Fee: Member \$60 Non-member \$85

Min: 4 Max: 12

Instructor: Margot Holmes, Certified Advanced Signing Time

Instructor - www.UpperValleySuperSigners.com

Signing Story Time
Tuesday, June 1
9:30 - 10:15 am
Free!

Sports Card Club

The CCBA's Sports Card Club co-sponsored by Triple Play is back! Bring cards to trade; build sets; or collect your favorite player or team. What you don't want, others might need! Giveaways and surprises throughout the summer. Join us when you can!

Who: "Kids" of all ages

When: Wednesdays beginning June 23rd

9:00 - 10:00 am

Where: Witherell Recreation Center Meeting Room

Club Leader: Larry Ruffing, Card Collector specialist

Fee: **FREE!**

American Red Cross Babysitter's Training Course

Are you babysitting already, or will you be soon? Do you know how to supervise and play with children of different ages? Do you know what to do in an emergency for a choking child? Learn how to handle these situations, along with rescue breathing and Infant/Child CPR.

Who: Youth, ages 11 - 15

Wed, July 21 412395-A

Registration required by July 1.

Time: 9:00 am - 4:00 pm - (Bring a bag lunch!)

Fee: Member \$60 Non-member \$85

Min: 6 Max: 12

Instructor: Becky Bushey

Youth Running Club

Are you a Hero? Are you ready to run?

This summer, the CCBA will be organizing a youth running club in conjunction with the CHaD Hero Half Marathon & Relay. Any youth ages 5 - 18 interested in participating is welcome. The goal of the club is to get kids active and moving, while raising funds for the Children's Hospital at Dartmouth-Hitchcock. By joining the club, each participant will be registered in either Cam's Course 1 mile Fun Run or the 5K. Each participant will receive their own personal training and fundraising log and club t-shirt. Registration for the CHaD event includes race fee, fundraising information packet and a free BBQ lunch the day of the race. Once again the theme of the race is Heros and the CCBA wants to help break the previous record and get as many superheroes in one place as possible.

The club will meet on Monday nights from 5:00-6:00 pm behind the Witherell Recreation Center beginning June 7th.

Registration Fee - CCBA Members - \$20

Non-members - \$30

For more information contact Patti Friedman at

patti.friedman@joinecoba.org or Kim Kraus at

Kimberly.G.Kraus@hitchcock.org.



PRESCHOOL PROGRAMS

The CCBA **Toddler Time** program is a positive learning and social experience filled with creative activities and fun. Activities are geared toward teaching children letter and number recognition, developing fine and gross motor skills, sharing and independence. The daily schedule includes choice time, arts & crafts, snack time, music/movement, outside/gym time and stories. Special events are planned throughout the year. Watch your child's self-esteem and confidence soar! *Participants must be CCBA members.*

Toddler Time - age 2

Who: Kids must be 2 years old by September 30, 2010
 1st Day: August 31, 2010
 Tue/Thu 9:00 am - 11:30 am
 Fee: Fee is based on 9 monthly payments.
 Member \$180/month
 Location: CCB Blue & Green Rooms

The CCBA **Discovery Time** programs are positive, structured learning experiences with lots of hands-on activities. Children are exposed to many learning foundations and are encouraged to develop skills at their own pace. Special events and field trips are planned throughout the year. Have your child join us in a friendly and enjoyable learning environment! *Participants must be CCBA members.*

Discovery Time

Who: Kids must be 3 years old by September 30, 2010
 1st Day: August 30, 2010
 Mon/Wed/Fri 9:00 am - 12:00 pm
 Fee: Fee is based on 9 monthly payments.
 Member \$300/month
 Location: CCB Blue Room

Discovery Connection

Who: Kids must be 3 or 4 years old by September 30, 2010
 1st Day: August 30, 2010
 Mon/Wed/Fri 9:00 am - 12:00 pm
 Fee: Fee is based on 9 monthly payments.
 Member \$300/month
 Location: CCB Green Room

Discovery Pre-K

Who: Kids eligible for kindergarten in 2011-2012
 1st Day: August 30, 2010
 Mon - Thu 12:30 - 3:30 pm
 Fee: Fee is based on 9 monthly payments.
 Member \$350/month
 Location: CCB Blue Room

Discovery Extended Day

Who: Kids must be 3 or 4 years old by September 30, 2010
 1st Day: August 30, 2010
 Mon/Wed/Fri 12:00 - 3:30 pm
 Fee: Member \$21/day
 Location: CCB Green Room

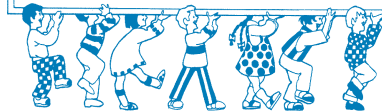


Preschool Program Staff 603/448-1804

Eileen Urquhart, Preschool Program Director
 Laurel McElroy, Preschool Program Coordinator
 Vicki McAlister, Preschool Program Supervisor
 Marileigh Young, Preschool Program Supervisor

All classes have two teachers in the classroom.

Kids on Kampus Grades K - 2



Kids on Kampus is an afternoon of fun for all Upper Valley children in grades K-2. Our goal for this program is to provide a safe, nurturing and fun environment, where children can unwind after their school day. Children participate in outdoor play, games, arts and crafts, swim time and special

activities. Activities are chosen daily based on the group's interest. *There is no additional fee for early release days.* Space is limited. Pre-registration is required by contacting Eileen Urquhart, Preschool Program Director at 603/448-1804. *Participants must be CCBA members.*

Who: Children, grades K - 2
 When: Program begins the first day of Lebanon School
 Monday - Friday
 3:00-5:30 pm (Early Release Days - 1:00-5:30 pm)

Fee:	5 days	4 days	3 days
	\$190/month	\$160/month	\$140/month
	Fee is based on 9 monthly payments, September - May.		
Min:	8		
Max:	15		
Location:	CCB Blue Room		

Spaces available in Toddler Time, Extended Day and Kids on Kampus programs!

PRESCHOOL CAMPS

All registration takes place at the Witherell Recreation Center and is on a first-come, first-served basis. A \$50 non-refundable deposit for each week is due with your registration.

Have your child spend the summer with us and it will be unforgettable! **Camp Beehive and Camp Honeypot** are 9 weeks of fun and excitement where children participate in arts & crafts, outdoor games & activities, water play and special projects. Your camper is guaranteed to be “buzzing” with excitement!

Camp Honeypot - ages 2 - 3-1/2

Who: Campers, ages 2 - 3-1/2
Must be 2 by May 31, 2010.
Do not need to be potty trained

When: Tuesday - Thursday 9:00 am - 12:00 pm

Week #1	June 15 - June 17
Week #2	June 22 - June 24
Week #3	June 29 - July 1
Week #4	July 6 - July 8
Week #5	July 13 - July 15
Week #6	July 20 - July 22
Week #7	July 27 - July 29
Week #8	August 3 - August 5
Week #9	August 10 - August 12

Camp Fee: Member \$80/week Non-member \$105/week
Min: 8 **Max:** 10
Location: CCB Green Room

Camp Beehive - ages 3 1/2- 5

Who: Campers, ages 3-1/2 - 5
Must be 3 by Jan. 1, 2010 and potty trained.

When:

Week #1	June 14 - June 18
Week #2	June 21 - June 25
Week #3	June 28 - July 2
Week #4	July 5 - July 9
Week #5	July 12 - July 16
Week #6	July 19 - July 23
Week #7	July 26 - July 30
Week #8	August 2 - August 6
Week #9	August 9 - August 13

Option #1: Monday - Friday 9:00 am - 1:00 pm
Camp Fee: Member \$100/week Non-member \$125/week

Option #2: Monday - Friday 9:00 am - 3:00 pm
Camp Fee: Member \$120/week Non-member \$145/week
Min: 8 **Max:** 14
Location: CCB Blue Room

Swim Lessons for Camp Beehive Campers!!!

The CCBA will be offering optional swim lessons twice a week during campers regular swim time. Campers will still have free time after their lesson. There is an additional fee for the lessons. If interested, contact Eileen Urquhart.

FIT KIDS CAMP

Fit Kids - ages 4 - 7

A camp which will motivate your child to move for the fun of it! It will add structure and routine to your child’s summer as well as keep their mind and engine running. The participants will be introduced to daily activities that promote team building, confidence, pride and socialization, in a fun and non-competitive environment. A few of the activities your child will be enjoying are stretching, swimming, obstacle courses, soccer, t-ball, basketball and yoga. There will also be games to get your child’s muscles moving and mind thinking.

Who: Campers, ages 4 - 7

When: Monday - Friday 9:00 am - 12:00 pm

Week #1	June 14 - June 18
Week #2	June 21 - June 25
Week #3	June 28 - July 2
Week #4	July 5 - July 9
Week #5	July 12 - July 16
Week #6	July 19 - July 23
Week #7	July 26 - July 30
Week #8	August 2 - August 6
Week #9	August 9 - August 13

Camp Fee: Member \$90/week Non-member \$115/week
Min: 5 **Max:** 8
Leader: Anna Dulac, Preschool Program Coordinator & Certified Fitness Instructor

“Active children increase their chances of being healthy adults.”

Camp CCBA

8:30 am - 4:30 pm

Camp is open to kids ages 5 through 11 years. Groups will be divided by ages.

Camp Fee: Member \$135/week Non-member \$160/week

Early Bird 7:30 am - 8:30 am

Early Bird \$15/week \$25/week

Night Owl 4:30 pm - 5:30 pm

Night Owl \$15/week \$25/week

Maximum: 60 campers

Trip Camp

8:30 am - 4:30 pm

Trip Camp is open to kids ages 6 through 13 years.

Camp Fee: Member \$165 Non-member \$190

Early Bird \$15/week \$25/week

Maximum: 55 campers



Happy Campers!

CAMP CCBA

Registration Options

1. Registration is on-going and takes place at the Witherell Recreation Center.
2. Member mail-ins and drop-offs are accepted.
3. A \$75 non-refundable deposit for each week is due with your registration.
4. Confirmation letters will be sent once the camper is registered.
5. Full payment must be received by June 1st.

Camp CCBA will be offering "theme weeks" with each week concentrating on something special and fun! Campers are encouraged, but not required to participate in these activities. For campers not wishing to participate in the "theme," there will be alternative activities offered. There will still be many of the usual activities -- swimming, arts & crafts, group games -- as well as something new to do each week! Monday is Library Day. Bring your favorite book to read and relax. Tuesday and Thursday the older campers will bike on the Rail Trail while the younger campers bike or scooter on the courts. Helmets are mandatory. Wednesday is card collectors day, with trading supervised by Larry Ruffing, Fitness Director. Thursday is lunch in the park and Friday is trip day! *All trips for Camp CCBA and Trip Week are subject to change without notice. If it rains on a field trip day the camp will have fun at the Witherell Recreation Center.*

Week #1 - June 21 - 25 Soccer Week

Learn basic skills with scrimmages during the week leading up to the final game. Goalkeeping skills will be covered for those interested.
Trip - Sunapee State Beach

Week #2 - June 28 - July 2 Basketball Week

Spend the week working on drills and basic rules. We'll scrimmage daily, with a final day of games. *Trip - Basketball Hall of Fame*

Week #3 - July 5 - 9 "Hydro" Week

The CCBA will be offering swim lessons and diving during the week. All classes will be taught by certified swim instructors. All levels of swimmers are welcome. *Trip - Wadleigh State Park*

Week #4 - July 12 - 16 Survivor Week

Can you survive the challenges that will be given throughout the week?
Trip - Weirs Beach & Boardwalk

Week #5 - July 19 - 23 Tennis Week

We are fortunate to have CCBA tennis pro Glen Eastridge work with our campers again this year. Learn the basics of single and doubles play. *Trip - Ellacoya State Park*

Week #6 - July 26 - July 30 Art Week

Work during the week on your final art project. The CCBA will hold an art show in the lobby of the Witherell Recreation Center for the parents and members to enjoy! *Trip - Sunapee State Beach*

Week #7 - August 2 - 6 Water Week

The CCBA will be offering swimming & diving lessons during the week. All classes will be taught by certified swim instructors. All levels of swimmers are welcome. *Trip - Liquid Planet Water Park*

Week #8 - August 9 - 13 Archery Week

Have fun while learning how to shoot a bow and arrow at a target. Proper use and safety will be instructed. *Trip - Cannon Mountain and Echo Lake*

Trip Week - August 16 - 19

Imagine Fun Friday every day. Trip Week is designed for campers wanting to go on fun-filled adventures, and ends with a sleepover at the Witherell Recreation Center on Thursday night. Campers must be picked up by 9:00 am Friday morning. Campers must be ages 6 - 13.

The Early Bird option will be available during Trip Week

Monday, August 16
Tuesday, August 17
Wednesday, August 18
Thursday, August 19

Interskate 91
Ellacoya State Park
Weirs Beach & Boardwalk
Whale's Tale Water Park & NH
Fisher Cats baseball game

Swim Lessons for Camp CCBA Campers!!!

The CCBA will be offering swim lessons at "special" times during the day.

CCBA staff will get campers to and from their lesson.
All campers pay the CCBA member rate for the lessons.
See page 15 for more information.